How to Prepare for a Free Practice Leadership Assessment

Set aside time, answer thoughtfully and understand how the free 12-question evaluation works.

You do not need to rehearse a preferred leadership persona before taking a practice-management evaluation. The useful question is where your current decision-making is clear and where you would benefit from further learning. Dental and medical practice owners can approach the free ABAP assessment as a starting point for that review.

Make room for thoughtful answers

The Management Competency Evaluation has 12 multiple-choice questions and takes about 10 minutes. Choose a time when you can read the scenarios without repeatedly switching to other work. A rushed answer may reflect divided attention rather than how you would normally reason through a decision.

Read the question and all available options before choosing. Notice whether the scenario asks for the first diagnostic step, a central risk or the most useful measure. Those are different decisions. Avoid searching for an answer key if your purpose is to identify what you understand now.

Know the entry and saving process

Visitors enter their name and email before starting. An account and a membership purchase are not required for the free evaluation. Responses save as you go. If you return, use the same browser and saved assessment access; do not assume your progress will appear automatically on an unrelated device.

After completion, results are saved and emailed. The ABAP team also receives a notification. If the page reports an email problem, use its retry option rather than assuming the message reached your inbox.

Plan how you will use the result

The report includes a score out of 100, a level, area results and two biggest gaps. Treat these as learning prompts, not a certification, hiring recommendation or comparison with other owners.

Before starting, write down one real management question you want to explore. Afterward, ask whether an area in the report helps you frame that question more clearly. That connection is more useful than focusing only on the total score.

Start the free leadership assessment for dental and medical practice owners.

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